

Brookline Tai Chi

Movement. Balance. Wellness.

SUMMER SESSION 2022

Tue. July 4 – Mon. Aug. 22

*= Multi-class Discount: 20% off second class and all thereafter.

Please register for all classes and BTC will issue refunds.

#=price covers both sessions each week at half the cost of regular classes

		Price/ Member price	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For New	Tai Chi/Qigong 101	135/105						9–10am Allen
For Returning and Advanced Students	Tai Chi 102	135/105*						10:30– 11:30am Allen
	Tai Chi for Healthy Aging 1.5	120#	11am-noon Don			11am-noon Don		
	Tai Chi for Healthy Aging 2	120#	2–3pm Don			2-3pm Don		
	Qigong Workout	135/105*	10:30-11:30am Allen					
	3 Dantien Qigong As Spiritual Practice	135/105*			5:15-6:15pm Allen			
	Dan Lian: Single Move Training	135/105*	5:15-6:15 Don					
	Yiquan	135/105*	6:30-7:30pm Don					
	Primal Qigong II	135/105*				6-7pm Don		
	Advanced Yang Style Short Form	135/105*		5:30-6:30pm Jon				
	Wu Style Short Form II	210/180			6:45-7:45pm Alan	10:45-11:45 Alan		11:15am– 12:15pm Alan
	Wu Style Long Form II	210/180		Noon-1pm		Noon-1pm		12:30-1:30 Alan
	Wu Style Long Form III	210/180		6:45–7:45pm Alan	10:45am– 11:45am Alan	7-8pm Alan		10-11am Alan

To register: BrooklineTaiChi.org

Updated June. 26, 2022