

****See Website Listing for Specific Dates of Each Course****

		Price: Member/ Non Member	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For New Students	Tai Chi/Qigong 101	115/145**						9–10am Allen
	Tai Chi for Healthy Aging & Better Balance 1	160		10-11am Don		10-11am Don		
For Returning and Advanced Students	Morning Practice	235/275*	10-11am Don		10-11am Don		10-11am Don	
	Yang in Three	115/145**	5:30-6:30pm Allen					
	Tai Chi for Healthy Aging & Better Balance 2	160		2–3pm Don		2-3pm Don		
	Tai Chi 201	155/195		5:30-6:30pm Don				
	Qigong: Circles, Spirals and Spheres	115/145**			5:30-6:30pm Allen			
	Tai Chi 301	155/195				5:30-6:30pm Don		
	Wu Style Long Form II	155/180		Noon-1pm		Noon-1pm		12:30-1:30 Alan
Wu Style Long Form III	155/180		6:45–7:45pm Alan	10:45am– 11:45am Alan	7-8pm Alan		10:45- 11:45am Alan	

***Price for currently enrolled HABB students is 175.**

****Six week classes.**

To register: BrooklineTaiChi.org

Updated Aug.21., 2023